

HOLLAND LAKE



I Scream, You Scream, We All Scream for ICE CREAM MONTH!

Designated by President Reagan in the early 1980s, July is celebrated as Ice Cream Month, which features Creative Ice Cream Flavors Day on July 1 and Ice Cream Day on the third Sunday.

Did you know... the average American consumes 23.2 quarts of ice cream per year.

- The top three flavors are

vanilla, chocolate, and strawberry, often found in Neapolitan ice cream.

- Other popular flavors include butter pecan, mint chocolate chip, rocky road, and pistachio.
- Japan offers unique flavors like wasabi, sweet potato, and matcha.

If you could create your own ice cream flavor, what would you include? Would you start with a basic vanilla and add your favorite fruits, candies, or

nuts, or would you start with something unconventional like pineapple-coconut and add bacon bits or hot sauce for a spicy twist?

Looking for something fun to do on a hot afternoon? Host an ice cream social this July for family and friends. Offer a variety of toppings, sprinkles, drizzles, cones, and flavors for everyone to mix and match. Ask each guest to write down their favorite flavor or an imaginary flavor and have fun guessing who belongs to each flavor.



HAPPY BIRTHDAY

RESIDENTS

Debra T	7/05
Laverne R	7/05
Willie R	7/13
Ruby S	7/13
Lonnita T	7/16
David D	7/22
Roberta L	7/24
Billie K	7/28
Betsy B	7/29

STAFF

Madeline B	7/01
Karen M	7/01
Mary D	7/03
Bailey F	7/06
Riley I	7/09
Brandon S	7/11
Rochelle J	7/17
Rose R	7/19

A Letter from the Administrator

Happy July!

We hope that everyone is staying cool and enjoying the summer break.

We always look forward to our summer activities. Check the big calendar outside the Activity room for more information. As always, if you would like to volunteer to help with an activity or have a special talent that you would like to share with our Residents, please reach out to Veronica.

As a reminder to all, small appliances, extension cords, heating pads and electric blankets cannot be utilized in our Resident rooms. Small refrigerators are allowed and will need a thermometer placed inside. All food items need to be dated. Snacks need to be in sealable containers or zip lock type bags. Your understanding and help with this is greatly appreciated.

We are excited to once again be the Sponsor for the Peach Festival Food Competition. This will be our 10th year hosting this fun event.

If you are interested in being a Judge this year, please contact me. We would love to have you join the fun! The Food Competition will be held on Friday, July 11th, with the Awards being presented at Noon on Saturday, July 12th – on the main stage during the Peach Festival.

Entry Forms and Flyers about the event are available on the front table in the entry lobby.

Thank you for being a part of our Holland Lake family!

– Donna Tillman, Administrator

STAR of the Month



Congratulations to our June Star of the Month **Kim Scott, OT**

Activity Photo Highlights



Activity Photos..continued



SPECIAL EVENTS

Please check our Big Activity Calendar that is located outside the Activity Room for up to date activity information

Short-Term Therapy Success

ADMISSION & TREATMENT:

Mr. B. had his left hip replaced due to severe osteoarthritis. He elected to have it replaced due to a decline in Activities of Daily Living and mobility. He was referred to Holland Lake Rehab and Wellness Center for Physical and Occupational therapy.

William worked hard and kept his therapists on their toes with his great sense of humor and willingness to work during his sessions, and help others if he could during their sessions.



AT DISCHARGE:

William made great progress with Physical Therapy. He is currently walking 300' with a rolling walker with stand-by assist. He improved well with Occupational Therapy and is dressing and toileting independently.

He is happy to be returning home where he lives with roommates.



REHABILITATION AND WELLNESS CENTER

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WEATHERFORD, TX 76086

Admissions contact

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ADMINISTRATIVE STAFF

Donna Tillman

ADMINISTRATOR

Rhonda Edwards, RN

DIRECTOR OF NURSING

Devin Saavedra, LVN

ASSIS. DIRECTOR OF NURSING
(WEST)

Perla Oritz, LVN

ASSIS. DIRECTOR OF NURSING
(EAST)

Jennie Ruddy, LVN

MDS NURSE

Shelli Wilson, LVN

MEDICAL RECORDS/STAFFING

Janna Blumentritt

SOCIAL SERVICES DIRECTOR,

Veronica Carter

ACTIVITY DIRECTOR

Helen Jackson

BUSINESS OFFICE MANAGER

Danielle Roque

DIRECTOR OF TALENT AND
LEARNING

Robin Watson

DIRECTOR OF REHAB

Teresa Atkins

DIRECTOR OF BUSINESS
DEVELOPMENT



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

S	U	N	K	H	U	M	Q	I	P	K	J	V	R	G
P	X	O	M	V	T	I	F	Y	W	A	X	K	R	H
F	B	V	J	B	O	R	E	D	O	M	I	Y	W	I
V	I	X	O	A	X	T	C	N	A	A	G	N	S	L
M	O	X	R	J	A	D	J	E	J	C	N	D	T	X
Q	T	H	M	E	B	B	R	M	E	A	Z	F	A	T
E	I	A	H	T	U	C	N	G	E	R	F	R	R	Q
S	C	F	A	B	E	N	B	O	K	O	V	I	S	S
I	X	F	R	C	R	E	I	T	L	N	Y	E	W	R
Z	T	C	I	O	M	U	K	O	A	I	S	N	F	O
Q	O	P	V	M	U	W	H	L	N	E	E	D	Y	C
S	X	A	X	E	M	O	J	I	E	P	Z	S	B	K
D	L	S	U	J	U	L	Y	H	I	K	X	H	R	S
F	C	N	M	X	N	Y	C	F	V	K	B	I	Q	W
X	X	F	J	S	T	R	I	P	E	S	V	P	F	T

WORD LIST

BOREDOM
CHEESE
EMOJI
FLAVOR
FRIENDSHIP
HEAT
ICE CREAM
JULY
MACARONI
PAINT
REUNION
ROCKS
STARS
STRIPES
SUN