

HOLLAND LAKE

WORLD DAY OF MUSIC: JUNE 21



World Day of Music, observed on June 21, celebrates the universal language of music. Originating in France in 1982 as *Fête de la Musique*, this day has grown into a worldwide sensation, embracing the diverse musical traditions of cultures around the globe.

Musicians come together from various backgrounds, generations, and cultures, and showcase their talents with numerous songs and musical genres. World Day of Music also encourages innovation, experimentation, and creativity in music-making. Need ideas on

how to celebrate? Here are a few to spark musical moments:

Live Performances: Attend a live performance from a volunteer musician, or at a local music event near you. Go see an artist you haven't seen or heard of before to broaden your musical horizons.

Music-themed Movies: Enjoy a musical movie every afternoon for a week! Include recent favorites, like *Sing* or *Chicago*, or classics like *Mary Poppins*, *Singing in the Rain*, or *The Wizard of Oz*. It might even turn into a fun sing-along!

Music Trivia Night: Organize a music trivia night featuring

questions about famous bands and musicians throughout history.

Group Playlist: Ask friends and family of all generations to each add one to two of their favorite songs to a playlist on your phone or tablet. Enjoy the variety of tunes and have fun discovering new songs and artists.

Intergenerational Music Activities: Did you play a musical instrument in your youth? Do you know how to read music? Share this talent with your grandchildren or local youth groups. Show them how to play scales, a simple song, or how to read sheet music.



HOLLAND LAKE
REHABILITATION AND WELLNESS CENTER



HAPPY BIRTHDAY

RESIDENTS

John M	6/08
Larry C	6/11
Mary S	6/13
Mary W	6/13
Donna B	6/22
Pete F	6/29

STAFF

Virginia H	6/05
Terri J	6/06
Olufunmilayo O	6/14
Tammy P	6/16
Robin W	6/23

SPECIAL EVENTS

Father's Day Car Show
June 13th

Games with Bonnie
Saturdays at 3 pm

Monthly Auction
June 26th at 2:30 p.m.

A Letter from the Administrator

Happy June!

It has been busy around Holland Lake. Celebrating Mother's Day, Spring Weather, Easter, Birthdays and Cinco de Mayo! Always something going on.

We also celebrated our Star of the Year at our monthly staff meeting, as well as our two runner-ups. Congratulations to Mary Douthit, Star of the Year and Robin Watson and Vivian Minnix as our runner-ups!

Our April Star of the Month is Caroldean Fink, RN. She works on our night shift as a Charge Nurse. Congratulations Caroldean! A well-deserved honor.

Our Social Worker, Janna Blumentritt, would like to remind everyone that if someone needs a referral for dental, vision, podiatry, hearing or other specialties, to please reach out to her. She makes the referrals and will need to get some information from you.

As another reminder, per Life Safety Codes, extension cords, multi-plug adaptors and power strips cannot be used in resident rooms. If a power strip is used, it can only be for the number of original plugs in the socket. These items will be removed if found and returned to the Resident or Responsible Party. Same for items on top of bed light fixtures. These are not shelves and we will relocate items to another area in the Residents room. If you have questions about this, please see the Maintenance Director or Administrator.

If you would like to volunteer to assist with activities, please contact Veronica. She would love to talk with you! As always, check out the big calendar outside the activity room to see what's going on in the building.

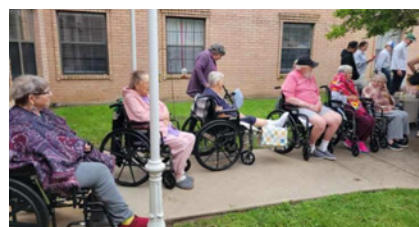
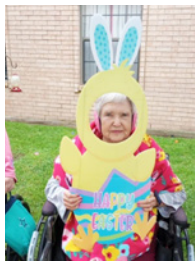
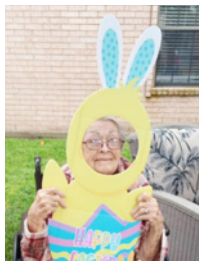
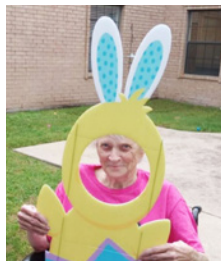
Thank you for choosing Holland Lake for your rehab and long term needs. We love having you as a part of our family!

– Donna Tillman, Administrator

Activity Photo Highlights



Activity Photos..continued



Short-Term Therapy Success

ADMISSION & TREATMENT:

Jesse admitted to the Emergency Department at Medical City in Fort Worth and was diagnosed with cardiomyopathy. Jesse had many tests performed and underwent a bypass procedure. He was referred to Holland Lake Rehab and Wellness Center for Physical and Occupational Therapy.

Jesse worked hard every day he had sessions and was a joy to everyone around him when he arrived in the gym.



AT DISCHARGE:

Jesse made significant gains with physical therapy. He is walking 500' with no assistive device. In Occupational Therapy he met his goals by dressing and toileting independently.

Jesse is going home where his daughter lives with him and his cat and dog.

Jesse enjoys playing golf and hopes to get out on the course soon.



REHABILITATION AND WELLNESS CENTER

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Admissions contact

Vivian Minnix – 832-948-6285

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info@hollandlakerehabilitationandwellness.com

hollandlakerehabilitationandwellness.com

ADMINISTRATIVE STAFF

Donna Tillman

ADMINISTRATOR

Rhonda Edwards, RN

DIRECTOR OF NURSING

Devin Saavedra, LVN

ASSIS. DIRECTOR OF NURSING
(WEST)

Perla Oritz, LVN

ASSIS. DIRECTOR OF NURSING
(EAST)

Jennie Ruddy, LVN

MDS NURSE

Shelli Wilson, LVN

MEDICAL RECORDS/STAFFING

Janna Blumentritt

SOCIAL SERVICES DIRECTOR,

Veronica Johnson

ACTIVITY DIRECTOR

Helen Jackson

BUSINESS OFFICE MANAGER

Danielle Roque

DIRECTOR OF TALENT AND
LEARNING

Robin Watson

DIRECTOR OF REHAB

Teresa Atkins

DIRECTOR OF BUSINESS
DEVELOPMENT



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

I	X	F	N	X	I	S	O	W	K	G	E	H	B	B
K	Q	R	H	N	B	U	W	B	T	R	J	Y	W	E
O	M	E	N	O	C	R	D	Q	W	A	B	D	X	S
G	V	E	N	T	Y	V	V	J	Q	N	C	R	M	X
I	E	D	N	E	B	I	U	N	Z	D	A	A	U	S
D	Q	O	M	S	O	V	P	V	Z	P	Y	T	S	K
V	P	M	F	O	P	O	Y	O	G	A	H	I	I	R
F	R	R	I	N	T	R	W	R	F	Z	Z	O	C	H
S	X	A	J	G	F	X	W	A	T	E	R	N	C	T
W	F	M	D	S	F	Q	B	G	H	E	A	L	T	H
D	J	C	P	F	F	C	B	L	L	H	P	V	M	V
O	G	S	P	F	A	T	H	E	R	W	R	G	O	G
N	P	D	P	I	A	Z	X	S	E	L	F	I	E	E
U	A	W	X	O	H	N	R	F	J	E	U	B	B	H
T	I	T	Z	G	N	I	C	E	I	H	I	R	A	K

WORD LIST

DONUT
FATHER
FREEDOM
GRANDPA
HEALTH
HYDRATION
MEN
MUSIC
NICE
NOTES
SELFIE
SONGS
SURVIVOR
WATER
YOGA